



*textexpander*<sup>®</sup>

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NMUG June 2024



Telehealth Summit

# Optimizing Virtual Care in 2024

Join us virtually June 27, 2024

## Scaling Teams Using Technology



Glen Tullman,  
CEO of Transcarent

## The Intersection of Technology and Improved Patient Experience



Dr. Danielle K. Miller,  
DNP, MSN, BSN, RN

Sign up here: <https://txpdr.us/8etr5>



# Who am I?

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- Josh Centers — Content Marketing Manager at TextExpander
- I run the blog and social media at TextExpander
- I've been a TextExpander user for over a decade
- Before that, I was Managing Editor of TidBITS for 9 years
- I've been a Take Control author for the past decade
  - Take Control of iOS and iPadOS — new book(s) coming this fall!
  - Take Control of Apple TV
  - Take Control of Apple Home Automation
  - Take Control of Notes
  - Take Control of Preview
- Other places you may have seen me: Macworld, Mac Voices, USA Today



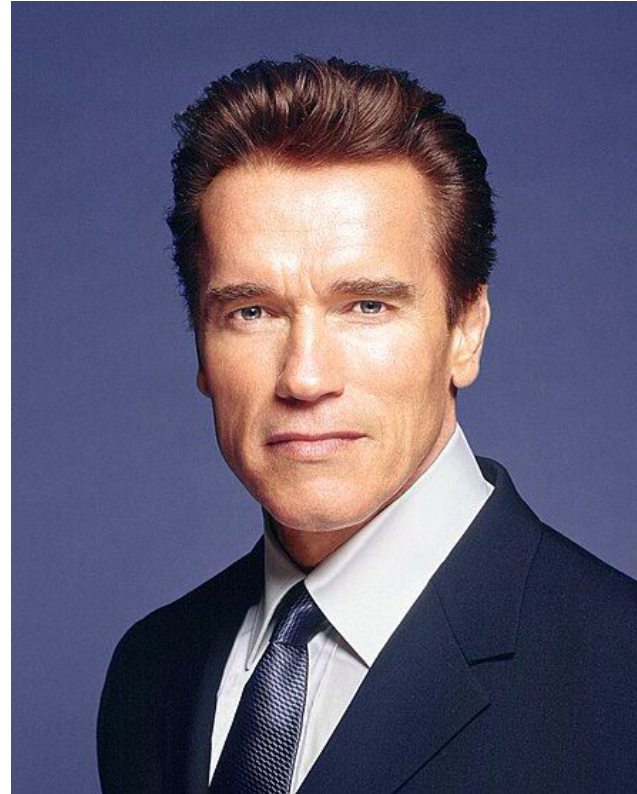
# What is TextExpander?

- TextExpander is a text shortcut tool: Type something short and it expands into something long. Can use in any app.
- You could type something long and have it expand into something short, if you really want that.
- Example: I type “txp” and it expands into “TextExpander”
- TextExpander is great for hard to spell names, like...



# This Guy

- Been watching him my entire life
- Couldn't spell his name to save my life
- But I can type ;arnie to spell it out



# What is TextExpander? Continued

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- TextExpander is great for long or hard to type Snippets of text, commands, phrases, GPT prompts, etc.
- The entire text of Hamlet, at your fingertips! — .hamlet
- Customize with fill-ins, find Snippets with Inline Search, and share Snippets with others
- Highly secure: Compliant with SOC-2, GDPR, and CCPA
- Supports: Mac, Chrome, Windows, plus betas for iOS and Android



# Benefits of TextExpander

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- Less time spent on menial tasks—more time on what matters
- Imagine getting an extra day per year!
  - Peter van Teeseling of Dscoop saved over 27 hours in 2022
  - Middle school teacher Mark Phillips saved 18 hours in 2022
  - SketchUp's support team saves 2,160 hours annually
- Less RSI pain—less typing means less strain on forearms and wrists
  - Dr. Melanie Hsu — Children's Health Council
- Consistency—reduce typos, consistent messaging
  - "Be your best even on your worst days."
- Knowledge sharing—team accounts can automatically share Snippets
  - We use this internally to share customer support Snippets



# Who Loves TextExpander?

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- Mac power users: David Sparks (MacSparky), Brett Terpstra
- Doctors: Dr. Melanie Hsu
- Customer service and support teams: 1Password, SketchUp, Uber, WooThemes
- Lawyers: Laura McClellan (The Productive Woman)
- Teachers: Mark Phillips
- Sales professionals
- Programmers and sysadmins
- Recruiters





# TextExpander Basics

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- Enough spiel, let's create a Snippet!
- Let's have NMUG expand to Naples Macfriends User Group
- Start by creating a Group
  - Groups are basically just folders to organize your Snippets
  - More Groups are better: Makes sorting and sharing easier
  - **(TextExpander Best Practice):** Keep related Snippets in the same Group!
- Making a Snippet
  - Label: The name of the Snippet
  - Abbreviation: What you type to expand the Snippet
  - Content: What the Snippet expands to
- Let's see it in action



# Essential Snippets

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- myname
- mytitle
- myemail
- myphone
- mysig
  - Trick: Embed the previous four Snippets into this Snippet!
  - Let's see how that works.
- Hard-to-type symbols
  - Degree symbol (xdegree)
  - Emoji
- Dates
  - isodate



# Group Settings

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- Powerful things here, often the cause (and solution) to many common issues
- Notes: Great place to add documentation for peers and/or your future self (**TextExpander Best Practice**)
- Expand in: Can limit where Snippets expand
- Expand when: whitespace precedes is the default
  - May want to set to “any character,” especially for URLs
- Group prefix
  - Abbreviation prefix applies to every Snippet in that Group
  - Powerful way to organize Snippets and make them memorable, but be careful!
  - If you move a Snippet out of a Group with a Group Prefix, it removes the Group Prefix from that Snippet!



# Snippet Abbreviation Strategies

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- Abbreviations can be whatever string of text you want
- "Your scientists were so preoccupied with whether or not they could that they didn't stop to think if they should." — Dr. Ian Malcom
- We want abbreviations to be
  - Short
  - Easy to type
  - Hard to expand accidentally
  - Memorable
    - A lot of old-school Snippets look like ;diufewjldk
- Typically, we like to add a prefix to an abbreviation



# Popular Abbreviation Prefixes

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- Popular Prefixes
- Semicolon (;) — easy to reach on the keyboard
- Dot or period (.) — preferred by doctors used to Epic EHR dotphrases
- x — easy to reach on a mobile keyboard, but easy to type by accident
- // — often used for URLs and bookmarks
- Mnemonic prefixes
  - This is what we recommend — longer but easy to remember and search
  - Calendar group cal.
  - Email group: em.
  - This is where Group Prefixes shine.



# Inline Search

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- Many veteran TextExpander users don't know about this!
- Shortcuts:
  - macOS: Command + /
  - Windows: Control + /
  - Chrome: Control + Period
- Can search by abbreviation or label
- Turns TextExpander into a knowledge base for you or your whole team
- Great for Snippets you can't remember
- We use this in TextExpander customer support! Entire company has access to customer service solutions.



# Advanced Features — Paste Plain Text

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- **Don't you hate it when you copy from one app, paste into another, and it includes the formatting from the first app?**
- With TextExpander, you can insert the contents of your Clipboard.
- Set the Content Type to Plain Text
- My own Snippet for this: xpt
- Maybe my most commonly used Snippet
- Let's take a look...



# Advanced Features — Fill-Ins

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- Fill-ins let you customize your Snippets
- Single Line Field: Simple fill-in-the-blank
- Multi Line Field: Longer blank
- Optional Sections: Check or uncheck to include or exclude sections
- Popup Menu: Drop-down menu of options
- Example Snippet: devhist





# Advanced Features — Keyboard Emulation

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- TextExpander can emulate many common keyboard navigation keys
  - Enter
  - Esc
  - Tab
  - Return
  - Tab
  - Arrow keys
- Useful for filling out forms
- Common use case: Create an email Snippet with the subject line, a tab, and then the body of the message
- Example Snippet: poweroutage



# TextExpander Pricing

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- Try free for 30 days
- **Individual:** \$3.33 per month (billed annually)
- **Business:** \$8.33 per user month (billed annually)
  - Adds team sharing features
- **Growth:** \$10.83 per month (billed annually)
  - Adds advanced user management for larger organizations
- **Sign up today at <https://textexpander.com>**



# Thank You



- Final Questions: Ask me anything!

